

The Jonah Challenge



A STUDY THROUGH THE BOOK OF JONAH

WEEK ONE

Jonah 1:1–10



The Jonah Challenge

DAY 1

JONAH 1:1–2

1. From Jonah 1:1–2, answer the following questions:
 - a. What came to Jonah?

 - b. Who was Jonah?

 - c. Where was Jonah to go?

 - d. What was Jonah to do?

 - e. Why was Jonah to go?

2. What do you find most notable about this word to Jonah?

3. What is your greatest takeaway from Jonah 1:1–2?

1. What was Jonah's response to the word of the LORD? (verse 3a)
2. Use Jonah 1:3b to describe the deliberation of Jonah.
3. Note that "the presence of the LORD" is mentioned twice in this verse. What does this convey to you about Jonah's mindset?
4. What is your greatest takeaway from Jonah 1:3?

DAY 3

JONAH 1:4–5

1. Summarize the events of Jonah 1:4–5.

2. Comment on:
 - a. The location of Jonah

 - b. The demeanor of Jonah

3. What is your greatest takeaway from Jonah 1:4–5?

1. Using Jonah 1:6–7, comment on the activity and attitude of the following:
 - a. The captain

 - b. The sailors

 - c. Jonah

(1) Which of these do you think is the most commendable?

2. What is your greatest takeaway from Jonah 1:6–7?

DAY 5

JONAH 1:8–9

1. List the five questions that the sailors asked Jonah:
 - a.
 - b.
 - c.
 - d.
 - e.

2. Use Jonah 1:9 to note and comment on Jonah's response to these questions.

3. What is your greatest takeaway from Jonah 1:8–9?

DAY 6

JONAH 1:10

1. Describe the response of the sailors to Jonah's confession.
2. What did these men know about Jonah?
3. Comment on the question the sailors posed to Jonah.
4. Contrast Jonah's attitude with that of the sailors.
5. What is your greatest takeaway from Jonah 1:10?

WEEK TWO

Jonah 1:11–17



The Jonah Challenge

DAY 1

JONAH 1:11

1. Note and comment on the demeanor of these sailors.
2. Describe the condition of the sea.
3. What is your greatest takeaway from Jonah 1:11?

DAY 2

JONAH 1:12

1. According to Jonah 1:12, what did Jonah:
 - a. Recommend

 - b. Predict would happen

 - c. State as the cause of the tempest

2. What is your opinion of Jonah?

3. What is your greatest takeaway from Jonah 1:12?

DAY 3

JONAH 1:13

1. Ignoring Jonah's recommendation, what did these sailors try to do?
2. Describe the dire predicament of the sailors.
3. What is your greatest takeaway from Jonah 1:13?

1. Comment on the following from the sailors' prayer:
 - a. Their first request
 - b. Their second request
 - c. Their acknowledgement concerning the LORD

2. What do you find most interesting about the sailors' prayer?

3. What is your greatest takeaway from Jonah 1:14?

DAY 5

JONAH 1:15–16

1. Use Jonah 1:15 to remark on the activity of the following:
 - a. The sailors

 - b. The sea

 - c. The storm

2. How did the sailors react to this event?

3. What do you think of these sailors?

4. What is your greatest takeaway from Jonah 1:15–16?

DAY 6

JONAH 1:17

1. What happened to Jonah?
 - a. What do you find interesting about this?
2. What does the word *prepared* suggest to you about Jonah's circumstances?
3. What is your greatest takeaway from Jonah 1?

WEEK THREE

Jonah 2:1–6



The Jonah Challenge

DAY 1

JONAH 2:1

1. What do you find most extraordinary about:
 - a. Where Jonah is

 - b. What Jonah did

2. What is your greatest takeaway from Jonah 2:1?

DAY 2

JONAH 2:2

1. Use Jonah 2:2 to comment on the following phrases:
 - a. *Cried*
 - b. *Affliction*
 - c. *He answered me*
 - d. *Out of the belly of Sheol*
 - e. *You heard my voice*

2. What is your greatest takeaway from Jonah 2:2?

DAY 3

JONAH 2:3

1. Use the following expressions to describe Jonah's predicament:
 - a. *Cast me into the deep*

 - b. *Into the heart of the seas*

 - c. *Floods surrounded me*

 - d. *Your billows and Your waves passed over me*

2. What is your greatest takeaway from Jonah 2:3?

DAY 4

JONAH 2:4

1. From Jonah 2:4, comment on:
 - a. Jonah's predicament

 - b. Jonah's hope

2. What is your greatest takeaway from Jonah 2:4?

DAY 5

JONAH 2:5

1. Use the following phrases from Jonah 2:5 to describe Jonah's misery:
 - a. *Waters surrounded me*

 - b. *Even to my soul*

 - c. *Deep closed around me*

 - d. *Weeds were wrapped around my head*

2. What does this convey to you about Jonah's experience in the belly of the fish?

3. What is your greatest takeaway from Jonah 2:5?

DAY 6

JONAH 2:6

1. Describe what Jonah was feeling inside the great fish.
2. During this tumultuous experience, what was Jonah's security?
3. What is your greatest takeaway from Jonah 2:6?

WEEK FOUR

Jonah 2:7–10 & Review



The Jonah Challenge

1. What do you think Jonah meant when he declared, “My soul fainted within me”?

a. Share a time in your life when your soul fainted within you.

2. Share your insights concerning the following:

a. *Remembered the LORD*

(1) What happened when Jonah remembered the LORD?

b. *Prayer*

3. What is your greatest takeaway from Jonah 2:7?

DAY 2

JONAH 2:8

1. What did Jonah learn through his hard experience?
2. Cite some of the *worthless idols* of our current culture.
3. What do you think some of Jonah's *worthless idols* were?
4. Describe what you think it is to *forsake their own Mercy*.
5. What is your greatest takeaway from Jonah 2:8?

DAY 3

JONAH 2:9

1. What do you think the following resolves of Jonah would practically mean to him:
 - a. *Sacrifice to You*

 - b. *Thanksgiving*

 - c. *Pay what I have owed*

2. What did Jonah conclude about *salvation*?
 - a. How does this revelation speak to you?

3. What is your greatest takeaway from Jonah 2:9?

1. Comment on what happened when *the LORD spoke to the fish*.

a. What does this convey to you about:

(1) Nature

(2) The power of God

(3) The mercy of God

2. What is your greatest takeaway from Jonah 2:10?

DAY 5

REREAD JONAH 1

1. Where does Jonah end up at the end of the chapter?
2. How did Jonah end up there?
3. What was Jonah trying to do?
4. What happened with the sailors in spite of Jonah?
5. What is your greatest takeaway from these verses?

DAY 6

REREAD JONAH 2

1. Considering what you've studied thus far, what is your greatest takeaway concerning:
 - a. God
 - b. Jonah
 - c. The sea
 - d. The fish
 - e. Prayer

WEEK FIVE

Jonah 3



The Jonah Challenge

DAY 1

JONAH 3:1-2

1. What do you find most amazing about:
 - a. The word of the LORD

 - b. God's instruction to Jonah

2. What is your greatest takeaway from Jonah 3:1-2?

DAY 2

JONAH 3:3–4

1. Use Jonah 3:3–4 to comment on the following:
 - a. Jonah's obedience

 - b. Jonah's mission field

 - c. Jonah's message

2. What is your greatest takeaway from Jonah 3:3–4?

1. Note and comment on the response of the following to Jonah's message:
 - a. The people

 - b. The king

2. How does the reaction of the people of Nineveh contrast with Jonah's first response to the word of the LORD?

3. What is your greatest takeaway from Jonah 3:5–6?

DAY 4

JONAH 3:7–8

1. Comment on the king's decree concerning:
 - a. What man and beast were not to do

 - b. What man and beast were to do

 - c. What was *everyone* to do

2. What is your greatest takeaway from Jonah 3:7–8?

DAY 5

JONAH 3:9

1. What was the king's hope concerning:
 - a. God

 - b. His fierce anger

 - c. Their future

2. What is your greatest takeaway from Jonah 3:9?

DAY 6

JONAH 3:10

1. From Jonah 3:10 describe what:
 - a. God saw

 - b. God did

 - c. God did not do

2. Why did God relent from destroying the people of Nineveh?

3. What is your greatest takeaway from Jonah 3:10?

WEEK SIX

Jonah 4 & Review



The Jonah Challenge

DAY 1

JONAH 4:1–2

1. Use Jonah 4:1 to remark on Jonah's demeanor.

2. Examine the angry prophet's prayer in Jonah 4:2 and write your insights concerning:
 - a. Jonah's attitude

 - b. Jonah's honesty

 - c. Jonah's self-justification

3. Comment on what Jonah knew about the LORD's:
 - a. Grace

 - b. Mercy

 - c. Anger

 - d. Lovingkindness

e. Attitude toward doing harm

(1) What effect do you think these attributes of the LORD should have had
Jonah?

4. What is your attitude toward the LORD's:

a. Grace

b. Mercy

c. Anger

d. Lovingkindness

e. Attitude toward doing harm

5. What is your greatest takeaway from Jonah 4:1–2?

DAY 2

JONAH 4:3–4

1. According to Jonah 4:3, what was the prophet's reaction to the LORD's mercy?

2. From Jonah 4:4, write out the question the LORD posed to Jonah.
 - a. Take a moment to examine your own heart. What thing or things are causing you anger today?

 - b. How do you desire to respond to God's mercy toward others?

3. What is your greatest takeaway from Jonah 4:3–4?

DAY 3

JONAH 4:5

1. Use Jonah 4:5 to comment on:
 - a. Where Jonah went

 - b. What Jonah did

 - c. What Jonah watched for

2. What do you find most disturbing about Jonah's behavior?

3. Why is this a behavior that Christians should not emulate?

4. What is your greatest takeaway from Jonah 4:5?

1. From Jonah 4:6–8 describe and remark on the things that God *prepared*:
 - a. A plant (verse 6)

 - b. A worm (verse 7)

 - c. A wind (verse 8)

2. What does the word *prepared* convey to you?

3. Observe Jonah’s attitude from the following verses:
 - a. Verse 6

 - b. Verse 8

 - (1) What do you note about the prophet’s attitude?

4. What is your greatest takeaway from Jonah 4:6–8?

DAY 5

JONAH 4:9–10

1. Use Jonah 4:9 to answer the following questions:
 - a. What did God ask?

 - b. What was Jonah angry over?

 - c. How did Jonah respond to God?

2. From Jonah 4:10 observe and remark on what the LORD said concerning the plant's:
 - a. Origin

 - b. Lifespan

 - c. Assistance from Jonah

(1) What point do you think the LORD is trying to make to Jonah?

DAY 5 CONT.

JONAH 4:9–10

3. What are your thoughts about the open dialogue God has with the angry prophet?

4. What is your greatest takeaway from Jonah 4:9–10?

DAY 6

JONAH 4:11

1. From Jonah 4:11, comment on the LORD's:
 - a. Pity

 - b. Knowledge

 - c. Concern

2. What is your takeaway concerning:
 - a. Jonah

 - b. Nineveh

 - c. The LORD

3. What is your greatest lesson from the book of Jonah?

4. How does this book speak to you concerning the LORD's:
 - a. Call

DAY 6 CONT.

JONAH 4:11

- b. Omniscience
- c. Omnipresence
- d. Grace
- e. Concern
- f. Salvation
- g. Compassion
- h. Interaction with His servants
- i. Purposes
- j. Preparations

The Jonah Challenge
by Cheryl Brodersen

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